

LACE UP FOR FUN AND FITNESS AT OUR RUN & WALK EVENT!

# FARM TO FINISH 5K



OCTOBER 3, 2026 | 10:00AM

397 MAIN STREET MADISON, WV

DONATIONS TO THE BMH FOUNDATION ARE WELCOME TO BENEFIT MARKET ON MAIN

FREE T-SHIRTS FOR ALL PARTICIPANTS

*while supplies last.*



**PARTICIPATE FOR FREE!**

TO REGISTER, SCAN THE QR CODE OR VISIT  
[TRISTATERACER.COM/BMHFARMTOFINISH](https://TRISTATERACER.COM/BMHFARMTOFINISH)

*Registration required, but there is no fee.*

FOR MORE INFORMATION: ☎ 304-369-1230, EXT. 4504 | ✉ [POPULATIONHEALTH@BMH.ORG](mailto:POPULATIONHEALTH@BMH.ORG)